

Many caregivers want to keep the person with memory loss at home, but they don't know how to handle challenging behaviors or how to help keep them independent.



Mary Lou Donovan, PhD, OTR/L, registered occupational therapist and owner of Positive Dementia Paths offers expertise that can teach the caregiver valuable skills for handling everyday living situations that can make the caregiving journey less stressful.

Contact information

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Here is the Way It Works:

First, a complementary phone interview determines consultation needs

Then, a home visit is scheduled

and assessments are completed to gather information, teaching begins

Next, Dr. Donovan develops an individualized written plan

For the second visit: Plan is reviewed with the family, training and education continue to meet needs

For upcoming visits: more training and education, skill refinement for caregiver, helpful approaches demonstrated/modeled

Additional visits: keep caregivers informed about useful modifications to the plan as the person's memory loss progresses.

Other services available:

- Dementia care management:
Resource identification for future planning

- Professional caregiver training:
For staff, students, extended family

- Public speaking:
Variety of topics related to aging and dementia, safety in the home, engagement in life for churches, civic groups, other



Here to help you along your journey

Do you have questions like these?

How can I keep my family member engaged in life activities in a way that is meaningful for them?

How can I keep my family member safe and as independent as possible at home?

What 'red flags' should I be aware of?

How can I manage challenging behaviors?

How do I make our home safer and more convenient for all of us?

What is the best way to communicate

How can I take better care of myself as a caregiver?

Positive Dementia Paths will help you find the answers to these questions!

What We Do:

- Listen to individual needs
- Assess abilities and environment
- Personalize recommendations
- Educate and train for success
- Revise plan as changes occur

How It Benefits You and Your Family Member:

- Decreases frustration for everyone
- Increases understanding of the disease process and changes that occur
- Increases skills for doing daily activities
- Increases the amount of positive time to spend on relationships

*“There are only four kinds of people in the world...
Those who have been caregivers
Those who are currently caregivers
Those who will be a caregiver
Those who will need a caregiver.”*

Rosalyn Carter



“Preserving the dignity and connection for all family members is an important component of my work. This is my passion.” Dr. Donovan

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Caring for a Person With Memory Loss?

**Consultation, Education,
Training and Support
In Your Home**

**Helps You Increase Your
Skills, Knowledge, and
Confidence**



Creating Confident Caregivers