



**Looking into senior friendly dining?
Arm yourself with this list of questions**

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HELPFUL QUESTIONS DINING

What type of dining is the establishment?

Possible options:

- Fine dining
- Casual dining
- Cafeteria - serving low-income community members
- Cafeteria or buffet – serving general public
- Café
- Coffeehouse
- Bakery
- Fast food
- Pub
- Buffet
- Food truck, cart, or stand

1 SENIOR DISCOUNT

Is there a senior discount offered?

Some organizations offer a 10%-15% discount for individuals 65 years +. This discount may also be only offered on certain days of the week.

2 WAITING AREA

Is there seating in the waiting area?

It can be difficult for senior individuals to stand for an extended period of time. When on a waitlist for seating in a dining area it is helpful for seniors to be provided with a seat option upon entry.

3 DISHES

Are the dishes heavy?

Having a heavy dish can create issues for seniors. They may not be able to move it when dining. Having lighter easy to handle dishes creates a better dining experience.

4 FLOORS PATTERN

Are the floors patterned or covered in rugs?

For individuals with vision impairments it is hard to sense depth perception when the floor is highly patterned. To ensure the safety of seniors while walking about the restaurant it is important to consider the floors.





HELPFUL QUESTIONS DINING

5 SILVERWARE

Is the silverware heavy?

Heavy silverware can help steady a shaking hand and make it easier for that individual to eat. For many seniors' unsteady hands are a normal part of life, having heavy silverware can help make dining in public a more positive experience.

6 MENU FONT

Is the menu font clear with a larger print?

Small and cursive style writing is hard, sometimes impossible for individuals to read.

7 LIGHTS

What is the lighting like?

Well-lit areas can provide a better dining experience for seniors struggling with eyesight. Lighting also helps to indicate the atmosphere of the dining area.

8 HANDICAP BUTTON/RAMP

Is there a handicap button on the entrance? Is there a ramp accessible?

9 BACKGROUND MUSIC/NOISE

Is the background noise loud or is it a quiet dining area?

Depending on what experience one is looking for, the noise level is important.